



*Greetings to all EYM delegates
and Welcome to Finland and Tampere!*

Before we can start our wonderful EYM meeting there are some practical information to be shared. So here are the guidelines for your stay in Finland.

ACCOMMODATION

EYM will be held at Scandic Hotel Rosendahl in Tampere. Hotel address is Pyynikintie 1, Tampere, phone +358 3 244 1111.

TRANSPORTATION

There will be two organized transportations from the Tampere Airport to the hotel and one back to the Tampere Airport. It's about 20minutes ride from the Airport to the Hotel.

The schedules are following and Maija will be meeting you at the Airport at these times:

Thursday 16.7. at 13:50 Airport – Hotel

Thursday 16.7. at 17:05 Airport – Hotel

Friday 19.7. at 12:00 Hotel-Airport

If you want to order a taxi, call +358 100 4131. Bus schedules from Tampere Railway Station is attached to this letter.

FREE TIME ON FRIDAY

After the sightseeing on Friday there will be an opportunity to get to know the city center and do some shopping. If you don't want to stay in the center the bus will take you back to the hotel.

There will be no organized transportation back to the hotel. There are some local buses that will take you back to the hotel. The ticket costs 2,60€ and can be purchased straight from the driver. The ticket must be paid in cash and preferable with small bank notes. The ticket will be valid for 1 hour from the purchase. If you travel after midnight the ticket costs 3,40€ extra. Bus schedule is attached to this letter.

EATING AND DRINKING

In addition to the hotel breakfast you will be offered two warm dishes per day during EYM. Coffee will be served at all times and there will be an opportunity for some snacks at the hotel as well. The lists of allergies and diets of the participants has been forwarded to the restaurants in question.

Finland has very high purity criteria on food. It is also safe to drink water straight from the tap.

SHOPPING AND EATING IN RESTAURANTS

Finland was rated one of the most expensive countries in Europe, especially when it comes to eating in restaurants and shopping. Tipping is not common in Finland as the service fee is already included in the prices. Tipping can be done if you really want to do that. You can pay with credit/debit cards in most of the restaurants and bills can be divided as well. In most of the places the staff speaks good English.

There are plenty of nice shops and shopping centers in the Tampere city center. When you arrive you will receive a map with tips of where to go.

THE FINNISH NATURE AND WEATHER

Finnish people are very proud of their beautiful nature. Our hotel is located next to the lake called Pyhäjärvi and there are plenty of nice jogging tracks with amazing views. There is also Pyyrikki Observation Tower only 5 minute walk away from the hotel and at the bottom of the tower there is a cafeteria where they sell the best donuts in Tampere (also available gluten free!).

You should definitely take your swimming suits with you so that you can have the experience of swimming in pure lake water. If the lake water feels too cold you can also use the indoor pool at the hotel. There is also a gym at the hotel for the hotel guests.

We hope the weather is fine in Finland during EYM but it has been very variable during the early summer. So you can expect everything from heavy raining to heat and definitely take both shorts and jacket with you!

IN CASE OF AN EMERGENCY

The National Emergency Number is 112

In case you get sick and need a doctor or advice you can call to the health service number and get advice from nurses or doctors. It is open every day from 7.00 to 22.00. The number is: +358 3 10023. After 22.00 you have to call straight to the hospital's emergency number +3583 311 61. In case of severe threats call straight to the National Emergency Number.

Our experienced EYM delegate from earlier years and present vice president of the national board, Katri Tuominen and I are participating in the event and we will help you with uprising issues and answer to your questions. Don't hesitate to ask if something comes to your mind before or during the event.

Our phone numbers are:

Katri Tuominen, CCAFIN Vice President +358 50 5723 022

Maija Borén, CCAFIN Project Worker +358 400 455809

*We hope you'll enjoy your stay in Finland
and have a rewarding youth meeting!*

Maija and Katri

